



*A Place for Children to Explore, Experience and Wonder*

#### Extra-Curricular Classes 2017-2018 School Year

We are very pleased to offer excellent after school extra-curricular classes. The instructors for all of the classes are exceptional. The **sign-up sheets** can be found on the bulletin board across from the daily sign-in sheets.

**Monday:** The Gymnastics Factory with Coach Rene Tabotabo. Coach Rene has been coaching gymnastics for over 14 years in addition to having competed at the national level in both gymnastics and trampoline for over 7 years. He holds multiple certifications and a professional membership through USA Gymnastics, including KAT (Kinder Accredited Teacher) Certification, which is given to a limited number of coaches per year. The class emphasizes safety, fun, and the basics of gymnastics. Skills are taught as progressions that are based on the child's skill level. The primary goals of this class are balance, strength and coordination. **The cost is \$130 for 8 weeks. The class starts at 3:00 p.m. and is 45 minutes long.**

**Tuesday:** Yoga with Certified Yoga Instructor Bonnie LaVallo. Ms. Bonnie studied yoga at Yoga West, earning a Kundalini Yoga Instructor Certification. She continued her yoga training at Radiant Child Yoga where she completed a certification teaching yoga to children. Bonnie has been teaching children from 6 weeks through 6 years old in various programs such as Gymboree, Playball, Music, etc. Ms. Bonnie is an excellent yoga instructor and is exceptionally skilled with children. **The cost is \$80 for 8 weeks. The class starts at 3:15 pm and is 45 minutes long.**

**Wednesday:** Professional Dance lessons presented by Plaza Productions. The course is taught for one semester with a dance recital at the end. Our dance teacher, Ms. Amanda Carmasi, graduated with honors from Azusa Pacific University with a Bachelor of Arts in Sociology. Amanda was captain of her high school hip hop team and served as Dance Organization Director at Azusa Pacific University. She has been teaching and performing dance since 2003. She has been on staff at Plaza Productions I since 2013. **The cost is \$180 for 12 weeks. The dance class starts at 2:45 pm and is 45 minutes long.**

**Thursday:** Professional Music Classes with Nelly Katrikh. Ms. Nelly studied at the Music Academy in Soviet Georgia for seven years. She continued her education at the Tbilisi College of Music where she earned a BA degree, a teaching credential, as well as a degree in Early Childhood Education. Ms. Nelly introduces music fundamentals to children through singing and rhythmic dancing activities, musical games, and hands-on time with musical instruments. The children will develop an ear for music as well as a heightened neural response to sounds. The benefits of music study are many. **The cost of the class is \$70 for 7 weeks. This class starts at 2:45 pm and is 30 minutes long.**

**Friday:** Soccer lessons presented by Soccer Shots. This nationally recognized, non-competitive skills program offers a high energy, fun, age-appropriate introduction to the wonderful game of soccer as well as to the value of teamwork and respect. The enhancement of a child's coordination, balance and agility is often seen immediately. **The cost of the class is \$155 for 10 sessions. It is a 45-minute class and starts at 3 pm.**

We hope you take advantage of these classes as we know your children will enjoy them.